

AUTUMN TERM MENU - starting 30th Octobber on WEEK ONE

WEEK ONE					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice 1	Pork sausages and gravy with creamed potatoes and mix veg	Chicken tikka curry with rice and naan bread	Roast Chicken, gravy, roast potatoes cabbage & carrots	Cheese and onion pie with mashed potato, broccoli or beans	Fish finger with chips and garden peas
Choice 2	Tomato and mascarpone pasta with crusty bread and salad	Pizza panini with wedges and sweetcorn	Mac 'n' cheese bake with crusty bread and garden peas	Pasta neapolitan with bread and salad	French bread pizza margherita with chips and sweetcorn
Choice 3	Jacket potato with baked beans and salad	Jacket potato with cheese and salad	Jacket potato with baked beans and salad	Jacket potato with tuna mayo and salad	Jacket potato with cheese and salad
Dessert	Dessert of the day or: fruit yoghurt, fruit selection, organic milk	Dessert of the day or: fruit yoghurt, fruit selection, organic milk	Dessert of the day or: fruit yoghurt, fruit selection, organic milk	Dessert of the day or: fruit yoghurt, fruit selection, organic milk	Dessert of the day or: fruit yoghurt, fruit selection, organic milk

WEEK TWO					
	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice 1	Veggie sausage roll with potato wedges, garden peas and sweetcorn or baked beans	Beef burger in bun with tomato ketchup, paprika potatoes and mix veg	Roast pork with roast potatoes, mix veg and gravy	Minced beef hot pot with sliced potato crust and mix veg	Battered fish with chips and garden peas
Choice 2	Mac 'n' cheese bake with crusty bread and garden peas	Cheese and tomato pizza pocket with potato wedges and baked beans	Pasta arrabbiata with bread and salad	Tomato pasta bake with crusty bread and salad	Pizza margherita with chips and sweetcorn
Choice 3	Jacket potato with baked beans and salad	Jacket potato with cheese and salad	Jacket potato with tuna mayo and salad	Jacket potato with cheese and salad	Jacket potato with baked beans and salad
Dessert	Dessert of the day or: fruit yoghurt, fruit selection, organic milk	Dessert of the day or: fruit yoghurt, fruit selection, organic milk	Dessert of the day or: fruit yoghurt, fruit selection, organic milk	Dessert of the day or: fruit yoghurt, fruit selection, organic milk	Dessert of the day or: fruit yoghurt, fruit selection, organic milk

WEEK THREE					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice 1	Pork sausage with tomato ketchup, paprika potatoes, peas and sweetcorn	Salmon fillet fingers with herby potatoes and mix veg	Chicken with roast potatoes, vegetables and gravy	Mild chilli beef chilli with mixed rice and broccoli	Fish fingers with chips and garden peas
Choice 2	Tomato and mascarpone pasta with crusty bread and salad	Pizza panini with herby potatoes and baked beans	Pasta neapolitan with bread and salad	Mac 'n' cheese bake with crusty bread and garden peas	Pizza margherita with chips and sweetcorn
Choice 3	Jacket potato with baked beans and salad	Jacket potato with tuna mayo and salad	Jacket potato with cheese and salad	Jacket potato with baked beans and salad	Jacket potato with tuna mayo and salad
Dessert	Dessert of the day or: fruit yoghurt, fruit selection, organic milk	Dessert of the day or: fruit yoghurt, fruit selection, organic milk	Dessert of the day or: fruit yoghurt, fruit selection, organic milk	Dessert of the day or: fruit yoghurt, fruit selection, organic milk	Dessert of the day or: fruit yoghurt, fruit selection, organic milk